



Nutrition and
Dietetics

Banana-Strawberry Snake



Foto: Nadja Lenherr

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Ingredients

Yields approx.
1 serving

1 banana
6 strawberries
2 raisins

Preparation

Peel the banana and cut it into 1-cm thick slices. Wash the strawberries and cut them into slices of the same thickness as the banana. Leave one whole strawberry for the head.

Arrange alternating slices of banana and strawberries one behind the other in a curve shape. Leave one strawberry slice for the tongue.

Place the whole strawberry (head) at the top and attach eyes made of some banana and raisins. Cut a dent in the front of the head and slightly push in the leftover strawberry slice as a tongue.

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